



In the name of Allah, the beneficent, the Merciful

www.iant.com

Islamic Association of North Texas

Tel: 972-231-5698, **Fax:** 972-231-6707
P.O. Box 833010, Richardson, Texas 75083
840 Abrams Road, Richardson, Texas 75081

Date: March 11, 2024

Subject: Physical Education (or similar) Excuse Request for Ramadan

To Whom it May Concern:

The undernamed employee/student is currently observing Ramadan. Ramadan is the holiest month in the Islamic Calendar. Muslims that are physically able abstain from food and drink (including water) and thus fast from before sunrise to sunset. This is a religious obligation. As such, we ask that you excuse the undernamed student/employee from any physical education courses, or similar courses or work obligations requiring strenuous activity.

If you have any questions, please do not hesitate to call our mosque at **972-231-5698** or email us at staff@iant.com.

Employee/Student Name: _____

Best Regards,

Shayan Gaziani
Secretary of the Board of Directors
Islamic Association of North Texas